



SERVICES & AMENITIES

- Coordinated therapies & full medical oversight
- Alternative levels of care to meet specific needs of residents.
- Multi-component security system
- Transportation to local appointments and outings
- One-on-one mentoring to regain daily-living skills
- Activities to enhance physical functioning
- Outdoor walking paths and large porch areas
- Raised garden boxes and bird-feeding stations
- Multi-sensory Snoezelen therapy

MEDICAL CARE AT TMC

- Highly qualified physician serves as Medical Director
- Licensed nursing supervision 24 hours per day
- Therapies on site including: physical, occupational and speech

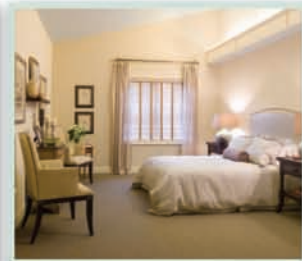


TOWN CENTER

- Replica of the Cape Henry Lighthouse
- Worship Center with religious services for all faiths
- Salon with full menu of hair and nail services
- Tavern with dining facilities
- Library with fireplace and computer access
- Theater with regular movie showing
- Beach Shack concession and ice cream stand
- General Store

RESIDENTIAL DESIGN

- Four individual residence wings distinguished by color schemes and themes
- Each wing has 12 private bedroom and bath units with a large living room, dining room, kitchen and common areas
- Private telephones and wireless communication included in each room



NUTRITION

Nutrition is an especially important part in the lives of people with Alzheimer's and dementia. Many individuals lose the basic skills related to eating. The Memory Center will re-teach eating skills and help build the desire to eat. Nutrition and meal choices are an essential part of treatment at TMC, especially since research continues to show that there is a relationship between nutrition and longevity in Alzheimer's patients. We offer choices of a Mediterranean diet



and Traditional diet. Most studies suggest that the more compliant a person is with the Mediterranean diet, the more they reduce their mortality from Alzheimer's disease.



DID YOU EVER IMAGINE THAT
SOMEONE STRUGGLING WITH THE
DAILY DIFFICULTIES OF REDUCED MEMORY
DUE TO DEMENTIA OR ALZHEIMER'S
COULD LIVE WELL?

The Memory Center is a new concept in treatment for people with dementia and Alzheimer's disease. We offer programs designed to inspire purpose, invigorate healthy lifestyles and uphold the highest quality of life for residents.

At The Memory Center, we believe the challenging conditions of an aging brain should be met with a caring, interactive community designed around the individual. We provide assisted living, adult day care and short-term respite care.



The Memory Center

1853 Old Donation Parkway | Virginia Beach, Virginia 23454

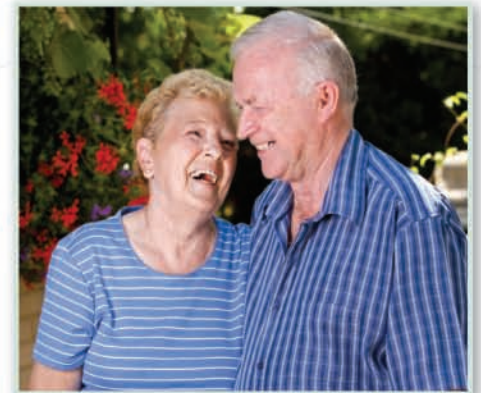
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The Memory Center

Living Well with Dementia and Alzheimer's

VIRGINIA BEACH



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WE OFFER EVERY INCENTIVE
TO CELEBRATE LIFE AND FIND
PURPOSE IN EACH DAY

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