

*Helping Older Virginians Live Independently.
Tuesday, March 31st from 11:00 a.m. to 12:00 p.m.*



*The Memory Center Invites you to meet
Iris James from Senior Services of
Southeastern Virginia . Come hear “Iris On
The Go” share the services that are currently
available to seniors throughout Hampton
Roads. Iris will discuss Meals on Wheels, the
Senior Companion Program, Care Transition
Coaches, Veteran Directed Care,
Transportation needs and more!*



Please RSVP Roberta Gilbert (757) 412-1180 or email

RobertaG@thememorycenter.com

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